

# couple care



Relationship wounds and negative patterns may be deep-set, requiring more than traditional office counseling to break through the core problems and create change. Couples' Intensives provide time and momentum for the in-depth treatment and healing your relationship may need.

Couple-Care Intensives are highly effective, personalized programs that compact months of therapy in just days. They are designed to help couples whose relationships suffer from chronic distress due to constant conflict or silence and distancing, so that the couples can emerge with a deeper level of understanding, empathy and connection with one another.

The 3-Day Intensive includes 15 hours of therapy and lodging in beautiful Orange County, CA. Longer or shorter intensives are available based on your need.

Couple-Care Intensives aim at providing a new perspective on your relationship, new insights into yourself and your partner, and the tools to effect and maintain lasting change.

Take the step towards a positive shift in your relationship, and we will walk you through to the other side – you are not alone!

helping you heal your  
relationship



***Parul M. Patel,  
Psy.D.***

[www.couple-care.com](http://www.couple-care.com)

Contact



[Patel@OCHealthPsych.com](mailto:Patel@OCHealthPsych.com)

949-229-2715

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**Orange County Health  
Psychologists, Inc.**  
[www.OCHealthPsych.com](http://www.OCHealthPsych.com)

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