



Orange County Health Psychologists

Integrated Care for Body, Mind & Spirit

Psycho-endocrinologists are behavioral health providers who are trained to support patients with chronic endocrine diagnoses.

Research reveals 40-45% of all patients with diabetes experience anxiety or depression.

A Psycho-endocrinologist can help you manage:

Diabetes

Hyper & hypothyroidism

Addison's disease

Cushing's syndrome

PCOS, hormonal imbalances

At Orange County Health Psychologists, we focus on mental wellness and integrated care for mind, body, and spirit. We understand how behavioral health issues can impact physical health. Our goal is to provide specialized mental health care and support patients to achieve optimal health & wellbeing.

You may benefit from a psycho-endocrinologist if you experience any of these symptoms:

- Stress
- Mood changes, depression
- Difficulty adjusting to treatment recommendations
- Anxiety & anger
- Health anxiety, needle phobia
- Fatigue, difficulty concentrating
- Changes in sexual desire
- Lack of interest in social activities
- History of trauma

