



Orange County Health Psychologists

Integrated Care for Body, Mind & Spirit

Pediatric Psychologists are behavioral health providers trained to help children and adolescents improve their psychological health and well-being.

Research shows an estimated 49.5% of adolescents have had a mental health disorder at some point in their lifetime (National Institutes of Mental Health, 2024).



Orange County Health Psychologists focuses on integrated care for mind, body, and spirit. We understand the relationship between physical health and mental health, and the impact they have on each other. We support our patients in achieving their goals for health and well-being.

Your child or teen may benefit from a Pediatric Psychologist if you experience any of these symptoms:

- Anxiety, phobias
- Depression, anger, or irritability
- Family, social, or relationship social stress
- Academic challenges, school refusal
- Headaches and stomachaches without medical cause
- Low self-esteem
- Sleep issues
- Trauma

